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香港腦癇基金會
共建腦癇友善的香港
促進腦癇症患者身心健康

Please Make a Donation to support
Epilepsy Foundation of Hong Kong

To build an **epilepsy-friendly** Hong Kong
and enhance the well-being of persons with
epilepsy

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Donate now:
<https://support.epilepsy.org.hk>



香港腦癇基金會是根據《稅務條例》第88條認可的慈善機構 (IRD REF 91/17014)。
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Epilepsy Foundation of Hong Kong is a charitable organisation
(IRD-REF-91/17014) under section 88 of the Inland Revenue
Ordinance.

For a donation of HKD100 or above, an official receipt can be issued for
the purpose of tax deduction.

香港腦癇基金會
秘書處通訊地址：香港中環畢打街1-3號中建大廈1600室

Secretariat correspondence address: Room 1600, Central Building,
1-3 Peddar Street, Central, Hong Kong

info@epilepsy.org.hk

www.epilepsy.org.hk



國際腦癇局成員 A chapter of IBE



Our Mission

The Epilepsy Foundation of Hong Kong is dedicated to enhancing public awareness and understanding of epilepsy, educating persons with epilepsy and their family members about the illness, and promoting epilepsy research and training. We strive to create an inclusive and caring society.

The Epilepsy Foundation of Hong Kong was established in 2019. It is a recognised charitable organisation.

Our Vision

To promote positive understanding of
epilepsy among the public and to build an
epilepsy-friendly Hong Kong

Our Value

Respect and Care

Inclusiveness

Integrity



Our Logo Design

Candlelight is internationally adopted by
epilepsy-related communities to
symbolise care for persons with epilepsy.
The EFHK logo with the candlelight is
designed to exemplify our aspiration to



co-create a brighter future with persons
with epilepsy and the public. The dynamic
flame represents the vibrance of the EFHK
and the momentum of our work to promote
epilepsy awareness.

What We Do

We work with members of the public, persons with epilepsy and their families, and professionals of different sectors including health, education and social service.

Objectives

Community Education	Education for Persons with Epilepsy & Their Families	Research & Training
To raise public understanding of epilepsy, to promote positive attitude towards epilepsy, and to eliminate misconceptions about epilepsy	To provide knowledge that helps them cope with the disease and improve their quality of life	To advance epilepsy research and training with an aim of improving the well-being of persons with epilepsy

Key Activities

- Public and patient educational programmes
- Provision of epilepsy information and resources
- Research support on epilepsy
- Training for professionals and related service providers

Our Members

Board of Directors	Advisers (listed in alphabetical order)	
Dr Fong Chung Yan, Gardian (Chairman) Dr Fung Bun Hey, Ben Dr Yung Wing Yan, Ada	Dr Chan Lok Yiu, Eric Dr Chang Shek Kwan, Richard Dr Chu Yim Pui, Jonathan Dr Fong Chung Yan, Gardian Dr Fong Ka Yeung, Jason Dr Fung Bun Hey, Ben	Dr Fung Lai Wah, Eva Ms Hung Tak Fung, Anchor Prof Kwan Kwok Leung, Patrick Dr Leong Che Hung Dr Yung Wing Yan, Ada



共建腦癇友善社會

We Promote **Epilepsy-Friendliness**

腦癇症在香港：數據與現況

腦癇症是香港最常見的腦科病之一

- 每20人當中有1人在一生中有腦癇發作。
- 任何年齡及階層的人士都有機會患有腦癇症。據估計，全港約有6萬至7萬人患有此症⁽¹⁾。
- 70至80%的腦癇症患者透過藥物治療可有效控制病情，甚少發作，過著正常的生活。
- 但病情較難控制的患者，因較頻密的發作而生活受影響，同時面對發作帶來身體受傷，甚至死亡的風險。

公眾對腦癇症的認知不足，錯誤處理適得其反

- 市民對腦癇症存在不少誤解，如婦女懷孕時吃羊肉會令孩子患上腦癇症。
- 本港一項調查發現，逾五成受訪市民誤以為腦癇症發作時需將硬物塞進患者口中，但此舉可能會傷害患者⁽²⁾。

服務提供者訓練及支援有限

- 研究指出，甚少老師及社工曾接受訓練以協助患有腦癇症的學生/服務使用者，近八成受訪學校和社會服務機構沒有制訂處理腦癇症患者發作的指引⁽³⁾。

癲癇症於2010年正名為腦癇症

- 正名目的是加強公眾對腦癇症的認識，糾正誤解，鼓勵患者及早尋求診治和積極面對患病的生活。正名行動獲得食物及衛生局和醫院管理局高度支持。

資料來源 Sources of Information

⁽¹⁾ Fong GC, Kwan P, Hui AC, Lui CH, Fong JK, Wong V. An epidemiological study of epilepsy in Hong Kong SAR, China. *Seizure*. 2008 Jul;17(5):457-64. doi: 10.1016/j.seizure.2007.12.005. Epub 2008 Feb 7. PMID: 18261935.

⁽²⁾ Fong, C. Y. G., & Hung, A. (2002). Public awareness, attitude, and understanding of epilepsy in Hong Kong Special Administrative Region, China. *Epilepsia*,43(3), 311-316.

⁽³⁾ 「老師社工相關訓練少 腦癇兒童常被誤判頑皮」(translation: "Teachers and social workers received little training and therefore mistook children with epilepsy as mischief") (Health, AM730,12 December 2012, in Chinese only) (2012年12月12日 AM730, 健康版)

我們的使命

香港腦癇基金會致力促進公眾關注腦癇症，教育腦癇症患者及其家屬對此疾病的知識，以及推動相關的研究及培訓，建立一個共融和關愛的社會。

香港腦癇基金會於2019年成立，為認可的慈善團體。

願景

全民正確認識腦癇症
共建腦癇友善的香港

價值

尊重與關懷

共融

誠信



我們的標誌設計

燭光是國際間關注腦癇症組織通用的圖案，象徵對腦癇症患者的關懷。香港腦癇基金會的標誌沿用燭光，藉以表達我們致力與腦癇症患者及社會



大眾創出光輝明天的抱負；而富動感的火焰代表基金會充滿活力，以及推動關注腦癇症的工作刻不容緩。

我們的工作

香港腦癇基金會的服務對象是公眾、腦癇症患者及其家屬，以及不同界別的專業人士(包括醫護、教育及社會服務界等)。

目標

社區教育

提升公眾對腦癇症的正確認識及處理方法，以減少對腦癇症的誤解。

患者及家屬教育

加強患者及家屬對腦癇症的認識，以助他們應對疾病及提升生活質素。

研究及培訓

推動有關腦癇症的研究及培訓，藉以改善患者的福祉。

主要活動

- 舉行公眾、患者及家屬之教育活動
- 提供腦癇症資訊及資源
- 進行腦癇症的研究項目
- 為專業人士及從業員提供腦癇症培訓

我們的成員

董事局成員

方頌恩醫生 (主席)
馮斌熙醫生
楊穎欣醫生

顧問 (按姓氏筆劃順序排名)

方頌恩醫生 梁智鴻醫生 楊穎欣醫生
方嘉揚醫生 陳樂耀醫生 熊德鳳女士
朱炎培醫生 馮斌熙醫生 關國良教授
張錫坤醫生 馮麗華醫生

Epilepsy in Hong Kong: Some Facts & Figures

Epilepsy is One of The Most Common Brain Disorders in Hong Kong

- 1 in 20 persons has seizure during his/her lifetime.
- It is estimated that there are 60,000-70,000 persons with epilepsy in Hong Kong.
- Epilepsy affects people of different ages and all walks of life⁽¹⁾.
- 70-80% of persons with epilepsy can be free of seizures with medications. The rest are subject to frequent seizures which adversely affect their quality of life with potential risks of injuries and death.

Misconceptions about Epilepsy and its First Aid Management

- There is a prevailing myth that consumption of mutton during pregnancy causes epilepsy.
- More than 50% of the respondents had a misconception of putting an object in the mouth of a person during seizure attack as a first aid, according to a survey in Hong Kong⁽²⁾.

Inadequate Support Available to Service Providers

- Not many teachers and social workers had received formal training on handling students or service users with epilepsy. Nearly 80% of the educational institutions and social service organisations lacked guidelines on helping persons with epilepsy⁽³⁾.

Renaming of The Chinese Name of Epilepsy in 2010

- The attempt of renaming epilepsy in Chinese is aimed not just to enhance public understanding and rectify misconception, but also to promote positive attitude in persons with epilepsy towards seeking medical attention and living with the illness. The renaming is greatly supported by the Food and Health Bureau and Hospital Authority.